



RULES

ART 1 Organization and events

- 1.1 "La Nova Fita", under the supervision of the Natural Parc of Collserola Consortium, is the organizer of "Barcelona Trail Races" (BTR) in this beautiful natural environment with starting and finishing lines in Barcelona.
- 1.2 The BTR is an event which consists of two long distance mountain races. The event has a semi-self-sufficient nature, and is governed by these regulations.
- 1.3 The goal of this gathering is wider than a traditional competitive race, aiming to promote sustainable sporting practices, care of the environment, and healthy sport.
- 1.4 The BTR goes through eight of the nine municipalities that make up the Collserola Parc: Barcelona, Cerdanyola del Vallès, Esplugues de Llobregat, Molins de Rei, el Papiol, Sant Cugat del Vallès, Sant Feliu de Llobregat and Sant Just Desvern.
- 1.5 The Gran Trail Collserola (GTC) and the Gran Trail Collserola Relays (GTCR) take place on the same day.

ART 2 Route and checkpoints

- 2.1 The route of the race follows tracks and paths in the Collserola range.
- 2.2 Each participant must be fully aware of the distance, difficulty, and physical requirements of the race in which he or she plans to take part. The organization requires carrying a minimum safety equipment.
- 2.3 The route will be done semi-self-sufficiently.
- 2.4 The route will be signposted by the organization with notices on park signs, flags, plastic strips, and temporary paint on the ground. These signs will be spaced as considered necessary on each section of the route. Following the route correctly is the responsibility of participants.
- 2.5 Traffic will not be cut off on the parts of the route which take place on public roads. Participants must adhere to the highway code and instructions given by the organizers. Roads must be crossed at suitable junctions, that will be duly signposted by the organization.
- 2.7 At timed checkpoints, the participants take responsibility for correctly completing electronic checkpoints.
- 2.8 Participants that do not log in at all checkpoints will be disqualified.
- 2.9 The organizers may include as many surprise checkpoints as they consider necessary.
- 2.10 There will be cut off times at various checkpoints. These cut off times will be made available on the official webpage before the race takes place. Those participants that do not make the cut off time must follow the instructions of the organizers to reach the finishing line, and may not remain in the race.
- 2.11 Participants may not ask organizers about the rules, as encyclopedic knowledge of said rules is unreasonable.



2.12 The organizers may make any changes they feel necessary to the route, up to and including the cancellation of the event, in the event that the weather turns bad, or due to other acts of god. Once the race has started, inscription rights will not be returned.

2.13 Changes to the route will be published on the official webpage and on social media.

2.14 If it proves necessary to interrupt the race at a certain point, the final results will be determined by arrival time at the final point, or to the last checkpoint passed.

2.15 In the event of race cancellation 8 days or more before race day, part of the inscription costs will be returned. The exact quantity refunded will depend on the date of suspension and the expenses that the organization has already incurred. If the race happens during the final week before the race, the organization will not refund inscription costs.

ART 3 Semi self-sufficiency

3.1 Due to the nature of the event, each participant must determine and carry appropriate quantities of food and water.

3.2 The organizers will provide a series of checkpoints with drinks and food which participants must consume at the checkpoint. The location of these checkpoints will be published on the official web.

3.3 Cups will not be provided at the checkpoints. All participants must bring their own cup.

3.4 At the checkpoints, water may be taken away. All other drinks must be consumed in situ.

3.5 External support and help may be provided at checkpoints, and a space will be prepared for such a purpose.

3.6 As the race takes place in a natural reserve, each participant must carry their running number written legibly on all wrappers and packaging of any food they carry. It is the responsibility of participants to carry their rubbish to checkpoints or the finishing line, where bins will be available. Littering is grounds for disqualification.

ART 4 Equipment

Participants in the BTR must be aware that they will be in an environment with unpredictable weather and geographical conditions, and due to this they must carry a minimum quantity of safety equipment.

4.1 Obligatory and recommended equipment:

OBLIGATORY

- Running bib (provided by the organizers)
- Mobile phone with charged battery that will remain on for the duration of the race.
- Space blanket of at least 1.4mx2m
- Whistle
- Water container
- Food supplies with running number clearly written on all packaging.
- Waterproof jacket, windstopper or similar
- A headlight with charged batteries from 18:00 onwards (only for GTC)
- Glass or adequate container for checkpoints

RECOMMENDED

- Bag
- Gloves
- GPS device with race track.



- 4.2 The race organizers may add new obligatory material to the list. These changes will be notified with adequate warning time on the official web or by email.
- 4.3 Participants in the GTC may leave a bag with a change of gear that they will find at checkpoint you can consult in the race map.
- 4.4 The material participants carry may be checked at any point of the race, and the lack of obligatory material is grounds for disqualification.

ART 5 Safety and quitting

- 5.1 Organizers will be uniformed and present at checkpoints and will guard the safety of participants. It is obligatory to follow the instructions of organizers.
- 5.2 EMT personnel and ambulances will be located at strategical points around the route.
- 5.3 If a participant wishes to quit the race, he must notify organizers as soon as possible, in person at a checkpoint, or via phone using the number on the running bib.
- 5.4 Except in case of accident or injury, participants must strive to reach the closest checkpoint and notify staff of their withdrawal.
- 5.5 Withdrawing participants must return the timing device. From this moment onwards, the participant is out of the race and assumes responsibility for any event that derives from withdrawal.
- 5.6 If a medical evacuation proves necessary, organizers must be notified to draw up rescue plans.
- 5.7 The organization reserves the right to force participants to quit if they have clear medical problems (vomiting, diarrhea, dizziness, fainting...) that put their safety at risk.
- 5.8 Participants must offer assistance to injured runners. Failing to offer assistance is grounds for disqualification.
- 5.9 Organizers will bring up the tail end of the race, closing it as they go.

ART 6 Conditions of participation

- 6.1 The event is open to all runners who are at least 18 on the day of the race.
- 6.2 By signing up, participants accept the stated rules without reservation.
- 6.3 By signing up, participants acknowledge that they are fully informed about the event and are aware of the length, difficulty, and physical challenge that the race poses, and that they possess the knowledge, physical preparation and material necessary to be able to rise to the challenge safely.
- 6.4 Taking part in the race with dogs is prohibited.
- 6.5 The organizers reserve the right to exclude any participants whose behaviour interferes with the running of the race.

ART 7 Categories

- 7.1 The age categories for the GTC are as follows (using the age on race day):

SH - All men: 22 to 39 years old
SF - All women: 22 to 39 years old
VH - Veteran men: 40 to 49 years old
VF - Veteran women: 40 to 49 years old
SVH - Superveteran men: from 50 onwards
SVF - Superveteran women: from 50 onwards
JH - Junior men: from 18 to 21
JF - Junior women: from 18 to 21



7.2 The categories for the GTCR are the following (using age on race day):

EH - Men's team
ED - Women's team
EX - Mixed team

7.3 The organizers may eliminate a categorie if there are fewer than five participants.

ART 8 Inscriptions and insurance

8.1 Inscriptions and payment are done exclusively via the internet following the instructions on the inscription form. Your bib is personal and intransferable.

8.2 Accident insurance is compulsory.

Federations that insure mountain races are acceptable, provided they are recognized by the FEDME (Federació Espanyola d'Esports de Muntanya i Escalada), the ISF or the IRTA.

Those that do not already have a valid insurance must, on signing up, purchase a temporary accident insurance for the price of 5 euros.

If the organizers believe that an external team's help is necessary in order to carry out a rescue, any charges made will be made to the insurance participants have declared to have during inscription.

The organizers will not be held responsible in the event that a participant is untruthful about his insurance status on signing up.

8.3 Registration includes:

- Gift from the sponsors
- Career and goal refreshments
- Clothing and showers before and after the race
- Cloakroom service during the race
- Timing and live tracking system
- Medical service during the race

8.4 Change of Running bib

The runners will be able to yield their bib to another runner. The cost of the change is specified in the official website, where you will find an option to start the process.

These changes can be made until November 10, included.

8.5 Cancelling the inscription.

The inscription may be cancelled, and partially refunded. The refund will be 75% up to and including the 30 of September, and 50% from the first of october up to and including the 31 of Octubre.

The cancellation can be done on the official website, in the section "Inscripcions".

Once cancellation has been asked for, the running number will be under the organization's control again, and will be given to the next runner in the waiting list.

8.6 Waiting list

8.6.1 All those who wish to take part in the event and have not been able to obtain a running bib may sign up to a waiting list, which, by order of inscription, will give cancelled running numbers to those on it.

8.6.2 The payment conditions of those on the waiting list will be binding when signed up to the race, not when signed up to the waiting list.

8.6.3 Once the organizers inform a runner on the waiting list that he has a running number, payment must be completed within 48 hours to guarantee his inscription.

8.7 Category changes

Those runners who wish to change from GTC TO GTCR or vice versa must do so via the internet. This may be done in the "Inscripcions" section.



If the participant is changing from GTC to GTCR, he must submit the details of the other runner/other runners.

If the participant is changing from the GTCR to GTC, the inscription will not be returned, and only one of the members of the team may make the change. These changes may be made up to and including the 10 of November.

8.8 The organization reserves the right to keep some running bibs for their own needs.

ART 9 Claiming your bib

9.1 To formalize the inscription when picking up running bibs, participants must show photo ID (DNI, passport, or equivalent).

9.2 Each runner will be given a running bib, which may not be transferred to another person, and which must be worn for the duration of the race. The bib must be prominently worn, without bending, covering or cutting. Failing to comply with these rules is grounds for disqualification.

9.3 On picking up the running bib, each participant must sign a GPS contract that legally binds the participant to return said GPS unit to the organizers once the race is over, or to pay 130 euros in case of loss or damage to the unit.

ART 10 Starting checkpoint

10.1 Passing through the starting checkpoint before entering the sealed park is compulsory, excepting the second relay of the GTCR. At this checkpoint running bibs will be checked, packaging will be checked to ensure it is properly marked with running numbers, and random equipment checks may be performed. Not passing through the checkpoint is grounds for disqualification.

10.2 Those participants that are not carrying adequate safety material will not be able to take part in the race.

10.3 Relay runners may be checked at switchover time.

ART 11 Grounds for disqualification

- Not passing through the starting checkpoint.
- Not passing through checkpoints during the race, or inadequately login in at them.
- Transference of running number.
- Taking shortcuts and running off the paths.
- Use of a vehicle.
- The lack of more than 3 items of safety equipment.
- Failing to give aid to those runners that ask for it.
- Littering
- Failure to comply with the organizer's instructions, or EMT's instructions.
- Lack of fair play and sportsmanship towards organizers or other runners.
- Exceeding cut off times at checkpoints.
- Failure to comply with Collserola Nature Reserve's rules (ART 13).
- Failure to comply with equipment checks.

ART 12 Penalties



The following behaviour will be penalized.

- Littering: 2h
- Lack of safety equipment: 1h per missing or inadequate item.
- Bending, cutting, or covering running bib: 1h
- Receiving external support outside areas enabled for such a purpose: 2h

ART 13 Collserola Nature Reserve's rules

The race takes part in a nature reserve, and due to this the following guidelines must be followed:

- Remember you are in a nature reserve, a protected area, in which a respectful attitude towards the environment must be shown.
- Travel on paths, without going off piste or through crops.
- You may not pick flowers or plants.
- Try to be silent as far as possible, in order to maintain peace and quiet.
- Respect public and private property.
- Sticks with rubber tips may not be used.

ART 14 Race results and trophies.

14.1 Trophies will be given to the three first qualifiers in all established categories, and to the first three in absolute categories, both to men and women.

14.2 Trophies must be picked up in person at the trophy giving. Not being present at the ceremony means giving up rights to trophies or prizes obtained.

ART 15 Complaints

15.1 Complaints must be submitted to the organizers, giving at least the following information:

- Personal details of the participant that submits the complaint: name of participant, DNI, and if necessary who they represent.
- Personal details of the affected runner/s, and their running numbers.
- The events that the complaint addresses.

15.2 Complaints may be submitted on arrival to finishing line, and up to one hour before the finishing line is closed.

15.3 The jury that mediates complaints will be made up of the race director and those responsible for the finishing line.

15.4 Any appeal to the jury's decision must be submitted in written form to "La Nova Fita" within 7 days following publishing the results.

ART 16 Image rights

16.1 The organizers reserve all image rights exclusively, and the right to use photos and videos of the race for any purpose they see fit.

16.2 The organizers may use these images in adverts, press releases and other promotion of the race and Nova Fita's activities.



16.3 Any media or publicity project using images of the race must be approved by the organizers.

ART 17 Data protection

In accordance with "Llei Orgànica 15/1999 de Protecció de Dades de Caràcter Personal" and "Llei 34/2002 de Serveis de la Societat de la Informació", the laws governing data protection, your personal data will be stored in a database in a file kept by La Nova Fita. The data will be treated with the following goals:

- The necessary procedures for race organization.
- Providing information regarding future events organized by La Nova Fita
- Participants may exercise their rights regarding correction, correction and opposition via an email to lanovafita@lanovafitacom

La Nova Fita has adapted its privacy policy to comply to Spanish and European legislation. A full privacy policy and data protection policy may be found at <http://bcntrailraces.com/text-legal/>

ART 18 Assumption of responsibility

18.1 Those who take part in the race do so under their own responsibility. Participants must have experience with mountain races, and the challenge that these races may represent. Any issues due to ignorance of the nature of these events will be the sole responsibility of the participant.

18.2 The organizers decline all responsibility in case of accident or negligence, and also declines responsibility for loss or breakage of personal property. Each runner is responsible for any injury he or she causes to themselves or others, exonerating La Nova Fita of all responsibility.

18.3 By signing up to the race, participants agree to follow these rules. Any situation not covered by the rulebook will be decided by the race jury.

18.4 Participants may be required to sign additional documents to clearly prove their acknowledgment of the rules.

18.5 These rules may be changed, modified or improved at any moment by the organizers. Participation implies compliance with these rules.